

The Rosehouse Health & Wellness Center

January 2019 Events

- TUESDAY – 1ST** **CENTER CLOSED - NEW YEAR'S DAY**
- THURSDAY–3RD** **AARP SMART DRIVER COURSE – 8:30 A.M. – 12:30 P.M.** – The AARP Smart Driver course is a good way to keep up with the changes in the rules of the road. The fee for this driver safety course is \$15.00 for AARP members and \$20.00 for non-members. **ONLY CHECKS/MONEY ORDERS FOR THE CORRECT AMOUNT MADE OUT TO AARP WILL BE ACCEPTED.** Upon completion of this course, you will receive a certificate which may make you eligible for a discount on your auto insurance premiums. **YOU MUST REGISTER FOR THIS CLASS BY CALLING 291-5444. LIMITED SEATING!**
- FRIDAY – 4TH** **HUMANA – PRESENTATION/BINGO – 12:30 P.M. & 1:00 P.M.** – Join Richard Wolfe, Sales Representative with Humana, as he gives you information on the types of insurance Humana provides. Afterwards, Richard will provide Bingo prizes for the winners.
- THURSDAY – 10TH** **INDOOR GARAGE/CRAFT SALE – 8:00 A.M. – 11:00 A.M.** – Spread the word and find a great bargain at the indoor garage/craft sale. Great time to find that holiday gift. Booth space is **FREE** but registration is a **MUST!! PLEASE REGISTER EARLY FOR YOUR TABLE BY CALLING 291-5444. THERE IS NO FEE AND IT IS OPEN TO THE PUBLIC.**
- FRIDAY–11TH** **ST. JOSEPH HOSPICE PRESENTATION/BINGO – 12:30 P.M. & 1:00 P.M.** – Do like to play Bingo? Join Latrell Granger, patient care representative with St Joseph Hospice, as she gives information about services provided. Afterwards, she will get her game face on and call Bingo.
- FRIDAY – 18TH** **UNITEDHEALTHCARE – PRESENTATION/BINGO - 12:00 P.M. -1:00 P.M.** – Join us as Erana Richard, Outreach Marketing Specialist with UnitedHealthcare, talks about the services provided, and afterwards will provide prizes for the Bingo winners.
- MONDAY – 21ST** **CENTER CLOSED**
- THURSDAY – 24TH** **CHAIR VOLLEYBALL – COMPASSUS - 1:30 P.M.** – Do you like to have fun, be with people, & can laugh at yourself? Then come & join us for a game of chair volleyball and see the fun you have been missing. Join Abe Cartagena, Benefits Specialist with Compassus, as he provides us with information of services provided and plays volleyball with us. **PLEASE REGISTER EARLY BY CALLING 291-5444. LIMITED SEATING! ONLY 24 PEOPLE CAN SIGN UP SO CALL EARLY!!!**
- WEDNESDAY – 30TH** **SENIOR MEDICARE PATROL/BINGO – 12:00 P.M. & 1:00 P.M.** – Do you want to learn how to prevent, detect and report Medicare fraud? Join Brenda Melare, Community Outreach Specialist with Senior Medicare Patrol, as she explains how to protect your identity, detect fraud and report it.

UPCOMING EVENTS IN FEBRUARY

- THURSDAY – 7TH** **AARP SMART DRIVER COURSE – 8:30 A.M. – 12:30 P.M.** – The AARP Smart Driver course is a good way to keep up with the changes in the rules of the road. The fee for this driver safety course is \$15.00 for AARP members and \$20.00 for non-members. **ONLY CHECKS/MONEY ORDERS FOR THE CORRECT AMOUNT MADE OUT TO AARP WILL BE ACCEPTED.** Upon completion of this course, you will receive a certificate which may make you eligible for a discount on your auto insurance premiums. **YOU MUST REGISTER FOR THIS CLASS BY CALLING 291-5444. LIMITED SEATING!**
- THURSDAY-28TH** **CHAIR VOLLEYBALL – ST. JOSEPH HOSPICE – 1:30 P.M.** – Do you like to have fun, be with people, & can laugh at yourself? Then come & join us for a game of chair volleyball and see the fun you have been missing. Join Latrell Granger, Volunteer Coordinator with St. Joseph, as she provides us with information of services provided. **PLEASE REGISTER EARLY BY CALLING 291-5444. LIMITED SEATING! ONLY 24 PEOPLE CAN SIGN UP SO CALL EARLY!!!**

REGULARLY SCHEDULED PROGRAMS

Monday -	8:15 AM	Yoga
	9:30 AM	Low-Impact Aerobics
	10:30 AM	Chair Aerobics
	11:30 AM	Zumba
	12:30 PM	Bridge
	1:30 PM	Poker
Tuesday -	10:30 AM	Line Dancing
	12:00 PM	Advanced Line Dancing
Wednesday-	8:15 AM	Yoga
	9:30 AM	Low-Impact Aerobics
	10:30 AM	Chair Aerobics
	1:00 PM	Bingo
	1:30 PM	Poker
Thursday -	12:00 PM	Pokeno (1st Thursday of the month)
	11:00 AM	Pokeno (3rd Thursday of the month)
	1:30 PM	Chair Volleyball (4 th Thursday of the Month- registration needed)
Friday -	8:15 AM	Yoga
	9:30 AM	Low-Impact Aerobics
	10:30 AM	Chair Aerobics
	1:00 PM	Bingo
	1:30 PM	Poker

GOAL

The goal of the Senior Centers is to meet the needs of elderly persons from various cultural, economic and ethnic backgrounds through the continuous development of a comprehensive program of activities.

MEMBERSHIP

Membership is free and is open to persons who reside in Lafayette Parish and are 55 years of age and older.

CONTACT INFORMATION

Location: 120 Statesman Dr.
Lafayette, LA 70506

Phone (337) 291-5444 **Fax:** (337) 291-5447

Hours: Monday - Friday
7:30 AM - 4:30 PM

**LAFAYETTE CONSOLIDATED GOVERNMENT
COMMUNITY DEVELOPMENT DEPARTMENT
HUMAN SERVICES DIVISION/SENIOR CENTERS**

<http://www.lafayette.la.gov/CommunityDevelopment/HumanServices/Pages/Senior-Center.aspx>