

**Are you looking for
FUN?**

**How about some
FITNESS?**



We have just the right thing for you!

“FUN & FITNESS”

**Where: Girard Park Recreation Center
500 Girard Park Dr**

When: Tuesdays, 11:15-12:15 or 12:30-1:30

**Who: Seniors ages 50 & over
or
Adults with Disabilities**

Cost: FREE

**For additional information contact Denise, 291-8127 or
dferguson@lafayettela.gov**

Or check us out at



**www.lafayettela.gov
or like us on Facebook:
Lafayette Recreation and Parks**